



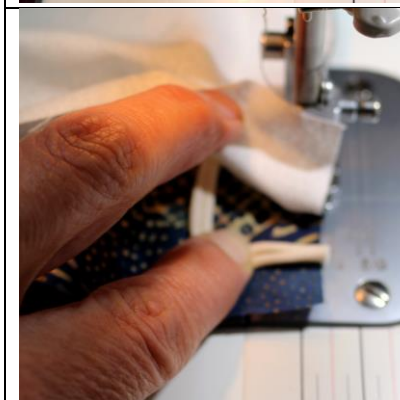
Supplies per mask:

- (2) 7"x 9" rectangles of fabric –two different fabrics
- (2) 6.5" of Lycra or 7" if you are using elastic
- (1) 3" length of wire or folded pipe cleaner. –Optional

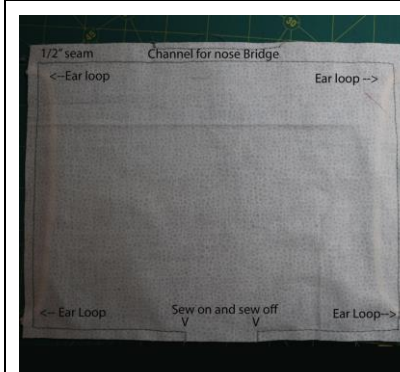


Sewing Directions

- Read all directions before starting, not all is intuitive.
- Place the two rectangles right sides together and start sewing a ¼" seam starting at what will be the bottom **center** of the finished mask, *one of the 9" seams*.
- When you get to the corner, place the Lycra strip between the two fabrics with only a tip poking out of the seam.



- Turn the corner and sew down the Lycra strip sandwiched between the two rectangles of fabric.
- Sew the 7" seam, but stop ¾" before you get to the end and catch and insert the 2nd end of the Lycra strip ¾" from the end to allow space to turn the corner and sew it down.
- Turn the fabric again and sew this seam at ½" from the edge. –*This bigger seam is to allow room to insert the nose bridge metal*
- When you finish the top seam insert the second Lycra strip for the second ear loop on the second side as you did on the first.



- On the last bottom seam, sew the ¼" seam till you get to 2" of your starting point. Sew off, –*Leaving a gap to turn the mask*.
- On the top wide seam, mark the center 3" and sew a second seam 1/8th inch from the raw edge. This makes a channel for the pipe cleaner and can be sewn smaller if using wire.
- Insert the pipe cleaner or wire in the channel created. –*No need to secure the ends, that happens later*
- Turn mask right side out and iron.



- Iron three pleats into the mask. The first in the center, lengthwise.
- Then fold the top and bottom so that they don't quite meet in the middle and make the next 2 creases there.
- Fold the pleats so that the mask is 3" wide and press to set shape. Pin each pleat, if desired.
- Sew around the four edges of the mask as close to the seam as possible. *On the top seam veer around the nose bridge metal to catch it in the seam*